

# PIKEY PEAK 2025

Research Trip in Nepal / Briefing Notes  
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## What is a Research Trip?

Research trips are once off itineraries where we test out new routes and locations to see if elements of the route might be viable for future Be Your Best itineraries. The details of such trips can change on short notice, and typically they cover a small region but offer more time in that region to discover new highlights. The travel style is often very basic and prone to unforeseen compromises. They are adventures in the true sense of the word!

## Sir Edmund's Footsteps

The inspiration for this journey comes from Sir Edmund Hillary himself, who spent his later life in the Pikey Peak region of Nepal. He dedicated that stage of his life to building schools that would benefit Sherpa communities, and every so often would ascend to Pikey Peak to get another glimpse of his beloved Everest.

Our itinerary has been researched by Roy Francis, and good friend of ours and incredibly respected mountaineer. Roy has been leading treks and climbs in Nepal for over twenty years. He developed this itinerary for people who feel that trekking to Everest Base Camp is just too serious an adventure for them, but would still like to get a look at Everest. The longest sections of walking are 6km, with mostly gentle gradients and a team of our own Sherpas to carry our packs.

The route takes in a long forgotten section of the old Everest trek, with very few visitors and very modest guest houses. This is old Nepal, but broken into short and achievable walks. We walk through rhododendron forests, yak pastures and alpine meadows. If you can walk 6km a day, then you can complete this adventure.

## 2025 April 2 - 14

Apr 2	<b>Kathmandu</b>	1400m	Arrival
Apr 3	Chitre	2500m	7hr by Van
Apr 4	Dhap	2900m	2hr by Van
Apr 5	Jhapre	2950	6kms Walk
Apr 6	Bhulbhule	3500m	6kms Walk
Apr 7	Pikey Peak Base Camp	3650m	6kms Walk
Apr 8	Pikey Peak Base Camp		Rest Day
Apr 9	<b>Pikey Peak</b>	4065m	Sunrise with Everest
Apr 10	Junbesi	2675m	6km Walk
Apr 11	Junbesi		Gompa Day Trip
Apr 12	Phaplu	2400m	6km Walk
Apr 13	Kathmandu	1400m	Charter Flight
Apr 14	Departure Day		

## The Basics

- All meals, accommodation, transport, tipping and permits are included.
- Accommodation in Kathmandu is very comfy, but once we enter the Everest section of the tour expect only very basic guesthouses. Sleeping bags and towels will be provided by our ground team so you don't have to pack extra gear.
- Weather conditions will be very cold above 3000m, with sub-zero at night but typically comfortable during the day while the sunshine is out.
- Elevations on this trip are not difficult, because we take time to acclimate. Ascending slowly is the key to avoiding drama, and we are experienced at designing trips to minimise any risk of altitude sickness. You do not need special medication or training to complete this journey.
- Packing and pre-departure docs will be supplied in advance of the trip. A limit of 10kg per pack is enforced for the safety of our porters and guides.

- Priced at AUD \$12,880pp (~US\$8,700)

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Photos Supplied by Roy Francis

