

# TIGERS & EVEREST

2022 Research Trip in Nepal  
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## What is a Research Trip?

These trips are once off itineraries where we test out new routes and locations to see if they are viable for future Be Your Best adventures. The details of such trips can change on short notice, and typically they cover a small region but offer more time in that region to discover new highlights. The travel style is typically very basic and prone to unforeseen compromises. We typically limit access to research trips to people who have travelled with us previously and can be assured that they will roll with the bumps in good humor :)

## Short Version

We're heading to Samboyché to enjoy views of Everest, and with the help of helicopter transfers we'll get a chance to step foot at Everest Base Camp. We start the trip in Lukla to adjust to the thin air before heading higher up the hill. After our Everest encounter we fly to the far west of Nepal to visit Bardiyá National Park for some luxury digs and follow the trail of the wild Tigers.

## Itinerary

### 2022 November 17 - 28

Nov 17	Thu	<b>Kathmandu</b>	Arrival
Nov 18	Fri	<b>Lukla (2800m)</b>	Domestic Flight
Nov 19	Sat	Lukla	Acclimation + Sightseeing
Nov 20	Sun	<b>Samboyché / Everest View (3500m)</b>	Heli Transfer + Sunset
Nov 21	Mon	Samboyché / Everest View	Sunrise + local walk + Sunset
Nov 22	Tue	Samboyché / Everest View	Sunrise + local walk + Sunset
Nov 23	Wed	<b>Tiger Tops Karnali (150m)</b>	Morning Heli + Domestic flights via KTM
Nov 24	Thu	Tiger Tops Karnali	Safari
Nov 25	Fri	Tiger Tops Karnali	Safari
Nov 26	Sat	Tiger Tops Karnali	Safari
Nov 27	Sun	Kathmandu	Flight back to KTM
Nov 28	Mon	Depart	



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## The Basics

- All meals, accommodation, transport, domestic flights and permits are included. Visa and tipping is not.
  - Accommodation is single rooms by default, with a mix of guest houses and 4-star resorts.
  - Weather conditions will be very cold at 3500m, with sub-zero at night but typically comfortable during the day while the sunshine is out. Puffy jacket is sufficient for your comfort in the early morning air at elevation.
  - Helicopter transfer allows for a very short landing at Everest Base Camp (5100m). 10mins max; enough to make it special!
  - Acclimation to prepare for higher elevations is at Lukla, with two nights at 2800m. You will feel breathless even from minimal effort such as stairs and bending down. We take the Lukla stage slowly, and the Samboycha stage even slower!
  - While staying at Everest View we have a chance to walk to nearby villages and valleys, depending on your level of fitness and acclimation. We hope to see the snow capped peaks at various stages of illumination at dawn and dusk.
  - Travelling across Nepal to Bardiya will be a long travel day, starting with a private helicopter and finishing with two domestic flights and a 3 hour drive to reach the lodge.
  - Expect very warm weather in the tiger forests, even in November. No need for puffy jackets here.
  - Bardiya is the best place in Nepal to see wild Tigers. There is no certainty of course that we will, but we plan for four nights in the park to give ourselves a decent chance. This is a wilderness safari, not a photography tour. In addition to tigers, we expect to see wild rhino, walk with elephants, spot deer and encounter a wide variety of birds.
  - Packing and pre-departure docs will be supplied in advance of the trip.
  - Minimum group size is 3 people
  - We can also help with extensions to enjoy more time in Kathmandu Valley
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- Priced at AUD \$11,880 for a single room

[About Everest View Hotel](http://hoteleverestview.com) – [hoteleverestview.com](http://hoteleverestview.com)

[About Tiger Tops Karnali](http://tigertops.com/lodges/karnali-lodge) – [tigertops.com/lodges/karnali-lodge](http://tigertops.com/lodges/karnali-lodge)

